

Hunger

Solutions to the World Hunger

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There are large number of individuals who are starving in different parts of the world, even though the sufficient food is being produced to feed everyone around the world. According to the World Health Organization, as many as one billion individuals across the world are spending their life in poverty.

It has been reported by the World Food Programme (WFP):

There are as many as 1.02 billion individuals that remain undernourished in today's world. It suggests that out of six people, one person does not get sufficient food to spend an active life or stay healthy. In fact, malnutrition and hunger are believed to be the greatest health risk around the world-even greater than tuberculosis, malaria, and AIDS. Among the major reasons of hunger, the key ones include over-exploitation of environment, poor infrastructure of agriculture, poverty, conflict, and natural disasters. Recently, the economic and financial crisis have pushed large number of individuals to suffer from hunger (Paul, 2012).

In order to solve the worldwide problem of hunger, a number of viable solutions have been presented in this report. Some of them are enlisted down as under:

Support better condition and fair wages for food workers

In United States, approximately 20 million individuals are working as farmers or on restaurants. Even though the nature of this work is back breaking, these are considered to be few of the lowest payment employment positions in the States. It has been shown in a recent research that more than half of the families of fast food or front line workers show a reliance on the public programs such

Running Head: HUNGER

as food stamps or Medicaid. We, as a part of this world community, can make a clear difference by supporting these firms. Few of the most prominent of these include the Food Chain Workers Alliance, Restaurant Opportunities Centers and Coalition of Immokalee Workers (Bill, 2013).

Advocate for federal nutrition programs

It has been reported that out of every four Americans, one person shows reliance on the nutrition and food assistance programs of USDA. They take the assistance from USDA, to help feed their families and themselves. Such kind of programs such as public school lunch and breakfast, WIC and SNAP, are more effective in giving 20 times more food, in comparison to soup kitchens, food pantries and food banks. It is mainly because of this reason that it is highly essential to advocate the policies of government that aid hungry people, specifically when these programs have been deeply cut by the Congress (Bill, 2013).

Sustainable Food

In order to ensure the sustainability of the food, the people need to consult the Heifer International Organization. This organization is working to help bring the transformation within agriculture sector. Different projects are being funded by the organization so that food can be provided by people for themselves in a sustainable manner. This is very influential because a large number of human beings have the interest, not to show any kind of dependence on the aid received from foreign states. This brings a poor country under the serious conditions of debt.

Food Donations

It is important for people to understand that although self-sustainability is required to be introduced in this world, but it is not something that can occur overnight. Till that time, it is highly essential for people to have a helping hand. The effect of donations such as both food and cash have a huge

Running Head: HUNGER

effect on the hunger of people living around different parts of the world. There are large number of firms including the Food for All, where \$1-5 is being donated by customers, while checking out. Last year, a whopping amount of \$60 million has been raised to fight the problem of hunger across the world.

Transitioning

A help is needed by large number of families who are suffering from the poverty. They need to bring a change from depending on others to the state of self-dependence. In order to support these families, a very important and prominent role has been played by 15 Feeds Family. They aim to provide food to families, but then search solutions slowly to help families in becoming self-sufficient. This is highly essential because self-sufficiency brings out a way to have sufficient food income, when food is not always guaranteed by showing dependence on the donations.

Birth Control Education

One of the most important reason of the poverty is increased ratio of population all across the world. High rate of birth is considered to be a serious issue, when making efforts to solve hunger. There are large number of people who don't have sufficient knowledge about the reproduction or they lack behind in having an access to the contraceptives. It is important to generate awareness that getting access to contraceptive can bring considerable improvement in economic freedom and family planning (Zachary, 2016).

Government Intervention

The help given to the foreign states is more focused on the intervention of government, like the initiation of programs by which food can be provided to children and their mothers in the poor regions of the world.

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